

Raising Champions

With Shaklee Vita-Lea® for Children

Is your child eating right?

STATISTICS SHOW



More than two-third of Malaysian children aged 10-17 consume inadequate fruits, legumes, dairy products and vegetables¹.



Fast food consumption is common as 84.4% eat fast foods one to six days weekly¹.



Poor nutrition can compromise a child's immune system, bone growth and overall physical development.

VITA-LEA® FOR CHILDREN TO THE RESCUE!

A supplement specially formulated with a broad spectrum of micronutrients to meet your kid's nutritional needs.

The Yummy Children's Multivitamin



18 essential vitamins & minerals – to fill in their nutrition gap


100% daily value of all 8 B vitamins, vitamins C, D & E – to support healthy body & immunity

- Naturally sweetened with xylitol – no artificial sweetener
- Tooth friendly formula – keep teeth free of cavities
- Yummy grape flavour – your children will love it!
- No artificial sweetener, flavour, preservatives – mom-approved nutrition
- Gluten free

Can your kids eat all these to get all nutrients in VITA-LEA for Children?

 **Vitamin A (2,500 IU)**
1.5 cups of cantaloupe


 **Vitamin C (60 mg)**
6 ounces of orange juice


 **Vitamin D (400 IU)**
3 (8 oz.) glasses of milk

 **Vitamin E (30 IU)**
10 tablespoons of fortified peanut butter

 **Folic Acid (400 mcg)**
4 cups of cooked broccoli

 **Iron (6 mg)**
1.5 cups of cooked spinach

 **Magnesium (40 mg)**
6.5 cups of cooked Brussels sprouts

 **Zinc (5 mg)**
3 cups of cooked kidney beans

Reference:

1. Jarud Romadan Khalidi & Tan Zhai Gen. 2020. Understanding School Feeding in Malaysia. Kuala Lumpur: Khazanah Research Institute. License: Creative Commons Attribution CC BY 3.0.