

VITAMINS

Rediscover feeling healthy. The right nutrients are important for overall health and well-being.



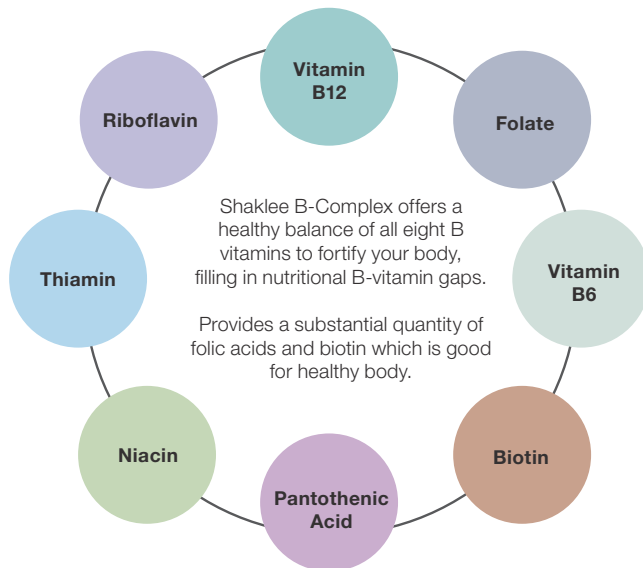
B-Complex

Complete With all Eight Bs

The B vitamins are vital for proper bodily function as they help convert food into energy for your cells.*

#10164 | 120 capsules / 120 servings

Suggested use: For adult only.
Take 1 tablet a day with meal.



THE SHAKLEE DIFFERENCE

Patented Bioactivated Absorption System

Dietary folate, a critical B vitamin, isn't easily absorbed, so Shaklee developed a patented bioactivated delivery system that makes the nutrient more accessible to promote absorption. This patented technology is a Shaklee exclusive.

Nutritional Facts	
Serving Size: 1 Tablet (550.00 mg)	
Ingredients:	Amount Per Tablet
Thiamine Mononitrate (Provide 7.73 mg Vitamin B ₁)	9.73 mg
Riboflavin (Provide 11.57 mg Vitamin B ₂)	11.81 mg
Niacinamide (Provide 132.58 mg Niacin)	134.60 mg
Pyridoxine Hydrochloride (Provide 13.57 mg Vitamin B ₆)	16.71 mg
Folic Acid (Provide 184.30 mcg Folic Acid)	0.19 mg
Cyanocobalamin (Provide 30.40 mcg Vitamin B ₁₂)	3.04 mg
Biotin (Provide 150.00 mcg Biotin)	14.99 mg
Calcium D - Pantothenate (Provide 70.30 mg Pantothenic Acid & 6.10 mg Calcium)	76.40 mg

*These products are not intended to diagnose, treat, cure, or prevent any disease. This is a supplement product advertisement.