

DAILY ESSENTIALS

Supporting optimal health. Essential nutrients for optimum health and well-being.

Vita-Lea® Iron Formula

Essential Nutrition For Optimal Health

Vita-Lea® is a formulation specially designed to support the special needs of men and women. Each serving delivers 28 essential vitamins and critical minerals, including vitamin C, E and beta carotene for antioxidant protection.

Vita-Lea® Iron Formula contains 400mcg of folic acid, and B vitamins needed for a healthy body, utilizing a patented microcoating delivery system designed to ensure absorption of folic acid.*



#10131 | 120 tablets / 60 servings

Suggested use: For adults only.
Take 2 tablets once per day with a meal.

THE SHAKLEE DIFFERENCE

In 1915, Dr. Forrest C. Shaklee created one of the first multivitamins in the U.S. More than 100 years of innovation has led to Vita-Lea®.



Nutritional Facts

Ingredients	Amount Per Tablet
Vitamin A (as beta carotene)	1250 IU
Vitamin A (as Vitamin A acetate)	1250 IU
Vitamin C (as ascorbic acid)	60 mg
Vitamin D ₃ (as cholecalciferol)	200 IU
Vitamin E (as d-alpha tocopheryl acid succinate)	30 IU
Thiamin (as thiamin mononitrate)	0.75 mg
Riboflavin	0.85 mg
Niacin (as niacinamide)	10 mg
Vitamin B ₆ (as pyridoxine hydrochloride)	1 mg
Folate (as folic acid)	200 mcg
Vitamin B ₁₂ (as cyanocobalamin)	3 mcg
Biotin (as d-biotin)	150 mcg
Pantothenic Acid (as d-calcium pantothenate)	5 mg
Calcium (as dicalcium phosphate)	225 mg
Phosphorus (as dicalcium phosphate)	175 mg
Iodine (as potassium iodide and sea kelp)	75 mg
Magnesium (as magnesium oxide)	100mg
Zinc (as zinc gluconate)	7.5 mg
Selenium (as trace mineral protein hydrolysate)	35 mcg
Copper (as copper gluconate)	1 mg
Manganese (as manganese gluconate)	1 mg
Chromium (as trace mineral protein hydrolysate)	60 mcg
Molybdenum (as trace mineral protein hydrolysate)	37.5 mcg
Nickel (as trace mineral protein hydrolysate)	7.5 mcg
Tin (as trace mineral protein hydrolysate)	5 mcg
Vanadium (as trace mineral protein hydrolysate)	10 mcg
Boron (as trace mineral protein hydrolysate)	0.5 mcg
Iron (as ferrous fumarate)	9 mcg